

Holistic Ballet® Autumn Intensive 2016
Paquita Script

Stage Directions

Upstage Right	Upstage Center	Upstage Left
Stage Right	Center Stage	Stage Left
Downstage Right	Downstage Center	Downstage Left

Audience

Counts	Group A (stage left)	Group B (stage right)
Part 1 Mazurka		
5-6, 7-8	Run onto upstage left, temp lié back to tendu croisé front	
1-4, 5-8	Mazurka step from upstage left → stage right: tombé onto right leg (effacé front)- left leg kicks front via cou-de-pied, tombé onto left leg- right leg cou-de-pied back- open side- capriole side, step right-left-via cou-de-pied to right leg tendu efface front right leg steps 5 th pos. front to repeat mazurka step from stage right → stage left	
1-4, 5-8	Repeat mazurka step from stage left to stage right Repeat mazurka step from stage right → downstage left BUT after capriole side: pas de chat (left leg-right leg) and finish in position “B+” (or attitude à terre) croisé	On counts 5-8 run onto upstage right, temp lié back to tendu croisé front
1-4, 5-8		Mazurka step from upstage right → stage left: tombé onto left leg (effacé front)- right leg kicks front via cou-de-pied, tombé onto right leg- left leg cou-de-pied back- open side- capriole side, step left-right-via cou-de-pied to left leg tendu efface front left leg steps 5 th pos. front to repeat mazurka step from stage left → stage right

		Repeat mazurka step from stage right to stage left Repeat mazurka step from stage left → downstage right BUT after capriole side: pas de chat (right leg-left leg) and finish in position “B+” (or attitude à terre) croisé
Part 2 Balancés		
1-4	Balance from downstage left to upstage centre: turn rightways to plié left leg tendu front, continue rightways to right leg cou-de-pied, continue rightways to capriole front towards upstage centre- tombé w. cou-de-pied back	Balance from downstage right to upstage centre: turn leftways to plié right leg tendu front, continue leftways to left leg cou-de-pied, continue leftways to capriole front towards upstage centre- tombé w. cou-de-pied back
5-8	Repeat turning leftways to downstage left	Repeat turning rightways to downstage right
1-4	Repeat turning rightways to upstage centre	Repeat turning leftways to upstage centre
5-8	Repeat turning leftways to downstage left BUT instead of capriole = chassé en tournant finishing in tendu effacé back	Repeat turning rightways to downstage right BU instead of capriole = chassé en tournant finishing in tendu effacé back
Part 3 Arabesques		
5-8	Walking to one long line with Group B to B+ left leg behind	Walking to one long line with Group A to B+ left leg behind
1-2	Piqué 1 st arabesque 45° w. left arm 1 st pos. , pose plié efface front, piqué 1 st arabesque 90° w. left arm high allongé, close 5 th on relevé behind/ in front	Piqué 1 st arabesque 45° w. left arm 1 st pos. , pose plié efface front, piqué 1 st arabesque 90° w. left arm high allongé, close 5 th on relevé behind/ in front
3-4	Repeat on other side	Repeat on other side
5-8, 1-2	Repeat 3 more times	Repeat 3 more times
3-4	Repeat one piqué 1 st arabesque 45°, tombé sideways towards upstage centre w. left leg cou- de-pied back	Repeat one piqué 1 st arabesque 45°, tombé sideways towards upstage centre w. left leg cou- de-pied back
5-8	1 balancé en tournant leftways ending ‘pas de chat’ en tournant finishing in lunge left leg behind	1 balancé en tournant rightways ending ‘pas de chat’ en tournant finishing in lunge right leg behind
Part 4 Caprioles		
1-4	Left leg steps 5th in front, 3x capriole in écarté front towards downstage right, left, right- tombé w. left leg cou-de-pied back	Right leg steps 5th in front, 3x capriole in écarté front towards downstage left, right, left- tombé w. right leg cou-de-pied back
5-8, 1-4	Repeat 2 more times	Repeat 2 more times
5-6, 7-8	3 ballonnées sideways toward upstage, left leg steps 5 th behind, right leg assemble front, relevé attitude croisé back, finish in B+ left leg behind	3 ballonnées sideways toward upstage, right leg steps 5 th behind, left leg assemble front, relevé attitude croisé back, finish in B+ left right behind

Part 5 Finale		
7-8	Plié-relevé 5th	Plié-relevé 5th
1+2+	5 cou-de-pied backwards beginning w. right leg)	5 cou-de-pied backwards beginning w. left leg)
3+4+	Plié on left leg- start w. right leg bourrées in parallel forward, tombé sideways towards audience w. right leg cou-de-pied back	Plié on right leg- start w. left leg bourrées in parallel forward, tombé sideways towards audience w. left leg cou-de-pied back
5-8	Balancés en tournant rightways, ending 'pas de chat' en tournant rightways	Balancés en tournant leftways, ending 'pas de chat' en tournant rightways
1-4	3 capriole écarté front right, left, right, tombé-cou-de-pied back	3 capriole écarté front left, right, left, tombé-cou-de-pied back
5-8	2 capriole écarté front right, left, close 5 th plié left leg front, relevé attitude croisé front, finish in B+ right leg behind	Same as Group A 2 capriole écarté front right, left, close 5 th plié left leg front, relevé attitude croisé front, finish in B+ right leg behind
Part 6	We won't do the two groups of 4 ballerinas at 2:14min – 3:12min	
Part 7 Coda		
5-8	Running into one long line to B+ left leg behind	
1-4	Plié- right leg tendu écarté front towards downstage right, right leg cou-de-pied back (change of épaulement), 'hop' 4 cou-de-pieds front,back,front,back (left,right,left,right)	
5-8	Repeat other side	
1-8	Repeat 2 more times	
1-4	'hips': facing downstage left, cou-de-pied back, front, back (left, right, left), en face plié 5 th w. right leg front	
5-8	3 chassés in plié backwards w. right leg behind, on count 8 move right forward to repeat	
1-4	Repeat 'hips'	
5-8	Repeat chassés	
1-4	Temps levé w. right leg ronde n l'air écarté front towards downstage left, close 5 th on ½ point in plié-bourrée	
5-8	Repeat on other side	
1-4	4 emboités leftways en tournant (plié - tendus front right, left, right, left)	
	Group A	Group B
5-8	Left leg 'flic' to 3 chassés-ish on ½ point in plié, scissors jump/ dégagés left/right finish in tendu croisé back/ 4 th arabesque-ish	right leg 'flic' to 3 chassés-ish on ½ point in plié, scissors jump/ dégagés right/left finish in tendu croisé back/ 4 th arabesque-ish